

THE WAY OF THE CROSS

The Ninth Station: Jesus falls the third time



"For nothing will be impossible with God." Luke 1:37

When all seemed lost, Jesus persevered in doing the will of the Father, and drew strength from his Father. Teach us how to draw strength from you when life and all the problems of our

world seem too much for us.

The Tenth Station: Jesus is stripped of his garments



"The soldiers took his clothes and divided them into four parts, one for each soldier. They also took his tunic..." John 19:23-24

Every possession was taken from Jesus, and his great heart of love was revealed to us. Help us to have pov-

erty of spirit that we may see your love everywhere.

The Eleventh Station: Jesus is nailed to the cross



"When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left." Luke 23:33-34

Nailed to the cross, Jesus freely offered his life for us and for the whole human

race. When we feel constrained and trapped by fears in life, give us the grace of inner freedom which sees your hand at work in all the circumstances in which we find ourselves.

The Twelfth Station: Jesus dies on the cross



"When he had received the drink, Jesus said, 'It is finished.' With that, he bowed his head and gave up his spirit." John 19:28-30

With a loud cry, Jesus breathed his last and sent forth the Spirit. Give us great hope and trust that

nothing can separate us from your love, not even death itself. Accepting death upon the cross: You gained us life.

The Thirteenth Station: Jesus is taken down from the cross



"Joseph of Arimathea, who was a disciple of Jesus, though a secret one because of his fear of the Jews, asked Pilate to let him take away the body of Jesus. Pilate gave him permission; so he came and removed the body." John 19:38

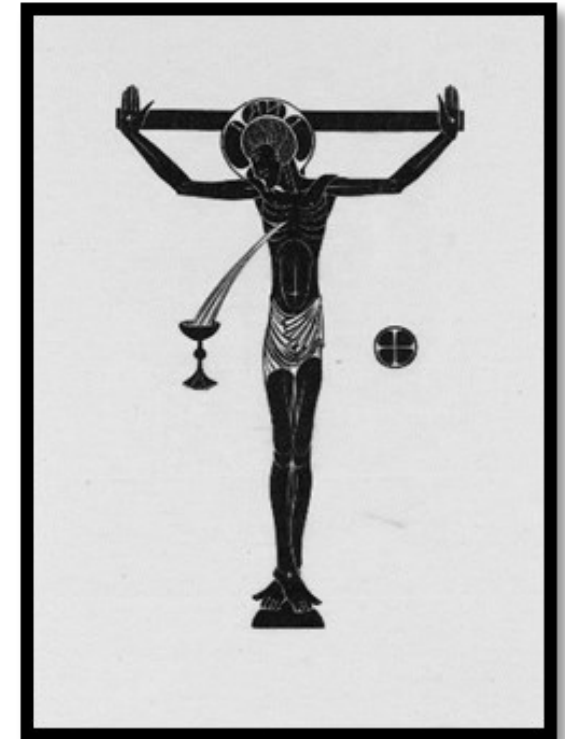
The small group of followers gave you in death to Mary, your Mother. May she gather us and form us into your faithful disciples, ready to witness to your goodness and love.

The Fourteenth Station: Jesus is laid in the tomb



"Joseph bought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in a tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb." Mark 15: 45-47

In the stillness of the tomb, we keep watch for signs of your presence. In the sound and distraction of our daily lives, help us make time and space to recognise you.



*A short Stations of the Cross arranged
by Sr Pat Graham*

Before each Station:

We adore you, O Christ, and we bless you
Because by your holy cross you have redeemed the world.

After each Station:

Jesus, remember me, when you come into your kingdom!

Jesus, remember me, when you come into your kingdom!

or

I love you, Jesus, my love above all things; I repent with my whole heart for having offended you; never permit me to separate myself from you again. Grant that I may love you always, then do with me what you will.

The First Station: Jesus is condemned to death



"Pilate released Barabbas for the crowd; and after flogging Jesus, he handed him over to be crucified." Matthew 27:21-26

Jesus was unjustly condemned. He accepted this out of love for us. Help us,

Lord, to accept what we find hard in life, and to place our trust in your promise that we will never be without your presence.

The Second Station: Jesus takes up his cross



"After mocking Jesus, the soldiers stripped him of the robe and put his own clothes on him. Then they led him away to crucify him." Matthew 27:28-31

With great courage Jesus took up his cross. Help us,

Lord, to follow your example and walk with you through life.

The Third Station: Jesus falls the first time



"He was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed." Isaiah 53:5

Jesus became like us in human weakness and frailty.

Support us Lord when we stumble and fall.

The Fourth Station: Jesus meets his mother



"Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed – and a sword will pierce your own soul too.'" Luke 2:33-35

Mary your mother was always there for you.

Help us to be there for our friends and families in all difficult times, and to show them your compassion.

The Fifth Station: Simon of Cyrene helps carry the cross



"The soldiers compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus." Mark 15:21

Simon shared the weight of your cross as you went forward

to lay down your life for us all. Be with us as we strive to reach out to those in need in our world today.

The Sixth Station: Veronica wipes the face of Jesus



"And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of our family, you did it to me.'" Matthew 25:37-40

The compassion of Veronica for you in your hour of

need is a pale reflection of your great compassion for all of us. Help us to show your love in deeds of kindness to all we meet.

The Seventh Station: Jesus falls the second time



"Come to me all you who labour, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy and my burden light." Matthew 11:28-30

With great courage you continued and went forward on the road to Calvary. Help us to be strong and to draw courage from you when we meet life's problems.

The Eighth Station: Jesus speaks to the women of Jerusalem



"A great number of the people followed him, and among them were women who were beating their breasts and wailing for him." Luke 23:27-28

Jesus was aware of the depth of grief these women showed for him, and he in turn showed great concern for their future and the future of their children. When we are in pain, help us to look outward and be open to the pain of others.